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| **COMMUNITY HEALTH IMPROVEMENT PLAN TEMPLATE**  **STRATEGIES TO ADDRESS MENTAL AND BEHAVIORAL HEALTH** |
| **Desired Outcome:** Provide access to individuals in need of mental and behavioral health assessment and interventions while ensuring that the community has the necessary infrastructure to effectively manage the ongoing management of these issues. |
| **Goals:** *(These goals are very general. Organizations are encouraged to change them as needed to meet their needs)*   1. Reduce the number of emergency department visits for crisis. 2. Integrate best practice approaches of behavioral and physical health to promote health for everyone. 3. Use innovative approaches to improve mental and substance use disorder outcomes for the community served. |
| **Key Strategies:** Screening, education/training, outreach, support system, partnerships, technology, awareness, and health promotion**.** |

| **Activity or Action** | **Examples of Internal/External Partners** | **Key Process or Outcome Measure** | **Timeline** |
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| Identifying opportunities to conduct more psychological evaluations | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of evaluations completed per month/quarter or year? | TBD |
| Collaborate with providers to incorporate mental and behavioral health screenings in well visits of their patients. | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of collaborating primary care providers screening patients during their wellness visits | TBD |
| Implement a comprehensive community wide mental and behavioral health triage system in partnership with local community-based organizations and agencies | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Implement one triage system in partnership with other community organizations and agencies. | TBD |
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| Hosting community events to expand awareness for mental and behavioral health | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of community events * Number of people participating in the community events * Number of brochures on mental and behavioral health shared during community events | TBD |
| Mobilizing volunteers for community programs to improve awareness for mental and behavioral health | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of volunteers mobilized to conduct trainings on mental and behavioral health | TBD |
| Promote awareness of family therapy targeting mental and behavioral health issues within the community | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of trainings offered on family therapy | TBD |
| Implement mental and behavioral health support groups in the community | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of new support groups implemented | TBD |
| Promote and implement mental and behavioral health peer led groups in the community | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of mental and behavioral health peer led groups * Number of individuals participating in the peer led sessions for mental and behavioral health | TBD |
| Promote utilization of the 988-help line for individuals struggling or in a crisis | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of individuals utilizing the help line to seek help | TBD |
| Establishing a mobile crisis team to provide on-site, face-to-face mental and behavioral health services for people experiencing crisis | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of individuals utilizing the mobile crisis intervention services during crisis situations | TBD |
| Increase trained and board-certified Behavior Analysts (BCBA), Applied Behavioral Analysts (ABA) to increase access to behavioral health services while assisting in long wait lists | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of new individuals trained and certified in BCBA, and ABA | TBD |
| Explore strategies to increase educational opportunities to train individuals in Mental Health First Aid | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of educational events offered on Mental Health First Aid * Number of people participating in the training events on Mental Health First Aid | TBD |
| Promote opportunities to provide stigma elimination education and messaging in the community | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of training opportunities to promote stigma elimination * Number of individuals reached through messaging | TBD |
| Educate employers of private and public entities about mental and behavioral health resources within the community to assist with employee retention and development | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of public entities educated * Number of resources disseminated * Number of attendees of the educational sessions | TBD |
| Provide trainings that promote the use of debriefings after critical incidents, counseling, and employee’s assistance programs EAPs | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of training sessions offered * Number of people attending the training sessions | TBD |
| Seek opportunities to educate local organizations about the Medication First Model | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of training events held * Number of agencies participating in the events * Number of individuals attending the sessions | TBD |
| Offer training opportunities on the Missouri Crisis Intervention Team (MO CIT) training to create and promote collaboration among law enforcement, behavioral health professionals, and people experiencing crisis | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of MO CIT training offered in the community * Number of individuals participating in the MO CIT training | TBD |
| Leverage staff trained in mental and behavioral health to assist in patient resource navigation and service delivery | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of trained staff assisting in patient resource navigation and service delivery | TBD |
| Promote active participation in mental and behavioral health coalitions and alliances in the community | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of coalitions and alliances where mental and behavioral health information is shared | TBD |
| Promote collaboration with local schools and other social service agencies to build sustainable systems for increasing access to mental and behavioral health services | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of schools participating in the collaboratives * Number of social service agencies recruited to participate | TBD |
| Active participation in regional and statewide collaboratives with mental and behavioral health partners | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of events organization participates in as it relates to mental and behavioral health | TBD |
| Collaborate with other mental and behavioral health providers to increase access to these services in the community | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of collaborating partners | TBD |
| Develop and implement a comprehensive and robust mental and behavioral health hub in the community to advance trauma informed care to promote partnership and service planning | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * One comprehensive hub for mental and behavioral health needs implemented in the community | TBD |
| Explore opportunities to implement innovative technology such as telehealth to increase access to mental and behavioral health services | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of individuals utilizing telehealth services for mental and behavioral health needs | TBD |
| Incorporate policies and best practices that promote health equity into planning and execution of strategies under the mental and behavioral health priority | * Missouri division of behavioral health * Division of developmental disabilities * Behavioral health treatment providers * Community mental health centers * Substance use disorder treatment agencies * Certified community behavioral health organizations * Hospitals * Health departments * Community health centers * Recovery housing and recovery community centers * Prevention resource centers * Local community coalitions | * Number of policies and best practices incorporated to promote health equity in mental and behavioral health | TBD |